



Ashish Kaushal

CEO, Consciously Unbiased & HireTalent

 [ConsciouslyUnbiased.com](https://www.consciouslyunbiased.com)

 [HireTalent.com](https://www.hiretalent.com)

 Ashish@hiretalent.com

 203-671-3812

Your insightful, thoughtful and candid comments throughout provided our employees with important perspectives, and we are thrilled to be able to continue on this journey.

**- Christina Kosakowski,
Vice President, BNY Mellon**



LinkedIn

<https://www.linkedin.com/in/ashish-kaushal-040245/>



Twitter

[@consciouslyunb](https://twitter.com/consciouslyunb)



Instagram

[@ashishkaushalht](https://www.instagram.com/ashishkaushalht)



Facebook

<https://www.facebook.com/consciouslyunbiased1>

Speaking Topics

#1 Why Having Bias Makes Us Human--And How to Manage It

Although we're taught to feel bad about biases, the truth is that bias isn't inherently bad. If you have bias, it simply means you're human. We all have biases. And they are based on two things: our life experiences and our biology. Some points covered include why shame is never a good motivator for real behaviour change and how to customize unconscious bias training to make it more personal.

#2 Normalizing Mental Health in the Workplace Needs to be a Priority

Mental health in the workplace is another frontier of hidden bias and discrimination in the U.S. We need to give workers the same acceptance for caring for their mental health as we do their physical health. Topics covered include building cultures of trust; creating work and home boundaries and combating stereotypes about mental health and productivity.

#3 How To Create An Intentional Culture in a Virtual World

Companies can no longer run on autopilot. Creating intentional workplace cultures that are human-based, rather than location-based, will help businesses not only survive, but also thrive. Some points covered include how to measure performance by results, not hours worked; practicing greater transparency, and creating a company culture code.

Bio

Movement maker, belonging builder, business innovator.

Ashish Kaushal is the founder of Consciously Unbiased, a grassroots movement and organization advancing belonging in the workplace. He is also the CEO of HireTalent, a nationwide contingent staffing firm focused on diversity staffing in Procurement, Human Resources, Healthcare, Clinical / Scientific, Finance and Technology.

As Seen On

Forbes

A Decade Of Diversity Highs And Lows



How the Pandemic Made the 'Last Acceptable Prejudice' Worse

Newsweek

Biden Should Discuss His Mental Health, for Americans' Sake



OPINION: Bias in AI is a diversity problem. Here's how to solve it



The GameStop rally could represent the evolution of Occupy Wall Street

Offerings and Rates

1-Hour Workshop:

Unconscious Bias 101

This workshop delivers real-life examples and gives participants a safe space to unpack their own biases and take ownership of them in a nonjudgmental environment.

Keynote Address:

Can I Have Permission To Be Honest?

In this keynote I share how I got into the business of belonging; I explore labels, bias and inclusion, and offer a solution for creating workplaces where people's voices are truly heard and valued.

Half Day Seminar:

How to Have a Conscious Conversation

This workshop teaches proven non-violent communication techniques to help people approach uncomfortable topics from a place of curiosity.

Full Day Seminar:

Leveraging Privilege for Good

We all benefit from some form of privilege. The workshop will explore earned versus unearned privilege, and how to leverage it for good.